







Inscription

We use the Swiss Cross Country Safety System (CCSS) for safety-inscription.
Send an SMS with the text „para comp 0794455163“ (without quotes) to the phone number 9292 or +41 79 381 60 10 (for foreign pilots).
You can add your name after „para comp 0794455163“ to the message, if you are not in the Swiss League or officially registered to the Competition.

Report back

Send an SMS with the text „para stop“ (without quotes) to the phone number 9292 or +41 79 381 60 10 (for foreign pilots).

You can add additional information after „para stop“ to the message. For example you could send „para stop Landed in Ilanz“. You will get an automatic confirmation message after we received your message. Please send the SMS also if you decided not to fly. If you have problems with your mobile phone (e.g. empty battery), you can also report back from an other phone. Send „para stop <YourNumber>“ to the mentioned number. Replace <YourNumber> with your own mobile phone number. Again you can add a message. If that also doesn't work, please call the race office at +41 (0) 79 784 82 26 to report back.

Airspace

X01260, Flimsenstein, Radius 3.5km, Min. Höhe 2600m
X02140, Ruschein, Radius 700m, Min. Höhe 1400m
X03150, Bad Ragaz, Radius 3km, Min. Höhe 1000m
X04220, Scalottas, Radius 1km, Min. Höhe 2200m
X05260, Lenzerhorn, Radius 1.8km, Min. Höhe 2600m
X06, Alp da Schnaus, Min. Höhe 300m GND
X07, Piz Ner, Min. Höhe 300m GND
X08, Alp Mora, Min. Höhe 300m GND

- Take note of the informations given at the briefings.
- Landing Flims: Please use the official landing place at the wind sock.
- Landings on the other side of the tree line, next to the Legna-Bar are forbidden.

Coordinates WGS 84 / UTM, Zone 32T

B01188	0478502	5168215	1880	B01188	RUERAS-MILEZ
B02144	0482361	5169607	1440	B02144	SEDRUN
B03185	0485873	5172187	1850	B03185	DISENTIS BERGSTATION
B04133	0489244	5168765	1330	B04133	CURAGLIA
B05104	0495344	5174838	1040	B05104	SUMVITG
B06163	0505485	5181024	1630	B06163	BRIGELS BURLEUN
B07130	0508949	5183795	1300	B07130	PIGNIU
B08160	0510794	5182568	1600	B08160	ALP SIAT
B09178	0513959	5182895	1780	B09178	RUSCHEIN MUOTA
B10076	0517414	5181651	760	B10076	SCHLUEIN
B11121	0517873	5182839	1210	B11121	FALERA
B12221	0516447	5186839	2210	B12221	CRAP SOGN GION
B13232	0515816	5189791	2320	B13232	SUR CRAP
B14132	0521042	5187708	1320	B14132	SPALIGNA
B15099	0522471	5185190	990	B15099	CAUMA SEE
B16204	0527117	5188686	2040	B16204	ALP MORA
B17207	0536723	5192217	2070	B17207	CALANDA SAC
B18056	0540722	5197197	560	B18056	UNTERVAZ
B19119	0523766	5187626	1190	B19119	FIDAZ
B30180	0551945	5205419	1800	B30180	FANAS TAKE OFF
B31142	0561837	5202031	1420	B31142	ST-ANTOENIEN
B32118	0567118	5191047	1180	B32118	KLOSTERS
B33214	0573540	5191808	2140	B33214	FERGENHUETTE
B34229	0564630	5189855	2290	B34229	GOTSCHNA
B35151	0558020	5194610	1510	B35151	RASCHITSCH
B36123	0549955	5201435	1230	B36123	PENDLA
B37177	0544305	5207340	1770	B37177	MITTELSAESS
B38210	0543386	5224889	2100	B38210	DREI SCHWESTERN
B50147	0507672	5166958	1470	B50147	VRIN
B51125	0513775	5162533	1250	B51125	VALS
B52157	0518733	5154041	1570	B52157	NUFENEN
B53128	0507532	5177003	1280	B53128	MEIERHOF KASPI
B54206	0512249	5176405	2060	B54206	PIZ MUNDAUN
B55117	0516138	5173329	1170	B55117	DURVIN
B56160	0518447	5177822	1600	B56160	RIEIN DARPINAUS
B57138	0520235	5179979	1380	B57138	GIERA
B58131	0524164	5169625	1310	B58131	SAFIEN
B59119	0531026	5176387	1190	B59119	PRAEZ
B60232	0539041	5174218	2320	B60232	SCALOTTAS
B61120	0545608	5160084	1200	B61120	SAVOGNIN
B62130	0551546	5170422	1300	B62130	SCHMITTEN
B63155	0562725	5182476	1550	B63155	DAVOS
B64095	0534112	5164609	950	B64095	ZILLIS
B70197	0502972	5196828	1970	B70197	RUETI SAASBERG
B71080	0511635	5203246	800	B71080	ENGI
B72098	0513090	5196072	980	B72098	ELM
L01110	0521420	5186977	1100	L01110	FLIMS
L02068	0517181	5180664	680	L02068	ILANZ
L03085	0498612	5176255	850	L03085	TRUN
L04121	0488084	5171496	1210	L04121	DISENTIS
L05065	0533569	5173889	650	L05065	CAZIS
L06065	0552790	5201499	650	L06065	SCHIERS
L07049	0532722	5209452	490	L07049	MELS
L08119	0519341	5185797	1190	L08119	LAAX
L09043	0523175	5218872	430	L09043	WALENSTADT
S01192	0520651	5189805	1920	S01192	NARAUS
S02266	0519893	5191783	2660	S02266	CASSONS
S04160	0513596	5176778	1600	S04160	BUENDNER RIGI
S05173	0557397	5201372	1730	S05173	STELSER SEE
S06234	0517583	5190426	2340	S06234	NAGIENS
S07166	0541624	5221014	1665	S07166	GAFFLEI
S08172	0531672	5215278	1720	S08172	PALFRIES
X01260	0523743	5191245	2600	X01260	3.5 FLIMSERSTEIN
X02140	0514445	5181940	1400	X02140	0.7 RUSCHEIN
X03100	0536617	5206979	1000	X03100	3.0 BAD RAGAZ
X04220	0537949	5173354	2200	X04220	1.0 SCALOTTAS
X05260	0546000	5172735	2600	X05260	1.8 LENZERHORN



Contacts

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Emergencies

International Emergency Number 144
Ambulance / Rescue Helicopter 144
REGA (2nd Rescue Helicopter possibility) 1414
Police 117

In Emergencies

Secure scene of incident
Alarm help
First aid
Who? What happend? Where? Special dangers?
Airway - Breathing - Circulation

